

## **HUPF 1112 Sports Skills III**

Candidates will create a lesson plan for an assigned activity.

| Element                            |  | Levels of Performance   |   |
|------------------------------------|--|---|---|
| 1. Assigned Objectives (TEKS/TAKS) | Target(3) Clearly written and fitting for grade level and concentrate on addressing the application of 2 or more knowledge, skills and attitude.   | Acceptable(2) Fairly suitable for grade level and concentrate on addressing the application of 1 knowledge, skill and attitude.   | Unacceptable(0-1)  Merely suitable for grade level and hardly any focus on addressing the application of knowledge, skills and attitude.  |
| 2. Warm Up Activity                | Target(3) <ul><li>&gt;ul&gt;<li>&gt;Define and discuss the key words for today. </li><li>Always include a warm-up and cool-down program to reduce the chance of injury and prevent muscle soreness for 5-8 minute.</li><li>List the exercises.</li><li>Plan included specific provisions to establish a physically safe environment and reinforce safety standards to students on an on going</li></li></ul> | Acceptable(2) <ul><li><ul><li><div>The unit's content included some general provisions to establish a physically safe environment and to communicate safety standards to students.</div></li><li><div>Provided a warm-up and cool-down programs</div></li></ul></li></ul> | Unacceptable(0-1) <ul><li><li><li>There was limited used of key words.</li><li>The unit's content didn't establish a physically safe environment and to communicate safety standards to students.</li><li><li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li></li><li< td=""></li<></li></li></li></li></ul> |

|   | basis. &nbs   |   |  |
|---|---|---|--|
|   |   |   |  |
| 3. Selection of Materials and Resources | Target(3) The selected of activities, equipment and strategies that made accommodation for students' individual differences and had the potential to develop a range of skills and understanding of concepts through active engagement. | Acceptable(2) The selected activities and or equipment thatt had potential to develop related skills and promote the learning of most studedts. | Unacceptable(0-1) The selected activities and or equipment that had little potential to advance student learning or promote student participation. |
| 4. Procedures/Activities                | Target(3) The activities unit was designed around a skill theme on movement concept that integrated skills, content knowledge, and the importance of a physically active lifestyle.   | Acceptable(2) The activities unit was designed around a progression of skills related to a sport or general movement activity.                  | Unacceptable(0-1) The activities unit was designed around discreet skills and developmentally inappropriate activities.                            |
| 5. Modifications                        | Target(3) The teacher made instructional  | Acceptable(2) The teacher made some   | Unacceptable(0-1) There is minimal evidence that the   |

|  | <b>-</b>  |  |
|--|---|--|
| cher's assessment of ning was thoroughly students, demonstration students, de skills and co conclusions were | cher,s assessment of student vague. The student vague. monstration of essential ncepts, and some of the were supported by | ceptable(0-1) teacher,s assessment of learning was limited or /p>  |
|  | cher's assessment of ning was thoroughly students, demonstration tion of essential skills and d the conclusions were      | cher's assessment of ning was thoroughly students, demonstration students, demonstration of essential skills and d the conclusions were cp>The teacher,s assessment of student learning focused mainly on students, demonstration of essential vague. </td |